

Schedule - Arena 1

Session 1 May 31, 2025, 9:30 a.m.

No.	Event	Participants
1	Changquan 1 Set - 18-39 years women - Compulsory Routines	1
2	Changquan - 18 years and above men - Optional Routines (no nandu required)	2
3	Yang Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines, Yang Style Taijiquan (traditional) - 60 years and above men - Taijiquan Routines, Yang Style Taijiquan (traditional) - 60 years and above women - Taijiquan Routines, Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines, Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines, Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines, Taijiquan Various Styles (traditional) - 60 years and above men - Taijiquan Routines, Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines	8
4	Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines, 42 Movements Taijiquan - 15-17 years girls - Taijiquan Routines, 42 Movements Taijiquan - 40-59 years men - Taijiquan Routines	8
5	Taijiquan 32 - 40-59 years women - Taijiquan Routines, Taijiquan 32 - 60 years and above women - Taijiquan Routines, Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines, Simplified 24 Movements Taijiquan - 60 years and above men - Taijiquan Routines, Simplified 24 Movements Taijiquan - 60 years and above women - Taijiquan Routines	7
6	Daoshu 1 Set - 18-39 years women - Compulsory Routines	1
7	Daoshu - 18 years and above men - Optional Routines (no nandu required), Jianshu - 18 years and above men - Optional Routines (no nandu required)	3
8	Chen Style Taiji Dao (traditional) - 40-59 years men - Taijiquan Routines, Chen Style Taiji Dao (traditional) - 60 years and above men - Taijiquan Routines	2
9	42 Movements Taijijian - 15-17 years girls - Taijiquan Routines, 42 Movements Taijijian - 40-59 years men - Taijiquan Routines	3
10	Simplified 32 Movements Taijijian - 40-59 years women - Taijiquan Routines, Yang Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines, Chen Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines, Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines	4
11	Taijiquan Short Weapons (traditional) - 15-17 years girls - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 18-39 years women - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 60 years and above women - Taijiquan Routines	6
12	Gunshu - 18 years and above men - Optional Routines (no nandu required), Qiangshu - 18 years and above men - Optional Routines (no nandu required)	3

Session 2 May 31, 2025, 2 p.m.

No.	Event	Participants
1	Broadsword Routines - 9-11 years girls - Traditional Routines, Broadsword Routines - 12-14 years girls - Traditional Routines, Sword Routines - 12-14 years girls - Traditional Routines, Other Short and Soft Apparatus R - 9-11 years girls - Traditional Routines	11
2	Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines	4
3	Cudgel Routines - 9-11 years girls - Traditional Routines	5
4	Nangun 1 Set - Group B (12-14years) girls - Compulsory Routines, Cudgel Routines - 12-14 years girls - Traditional Routines	10
5	Broadsword Routines - 15-17 years girls - Traditional Routines, Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines	4
6	Cudgel Routines - 15-17 years girls - Traditional Routines	4
7	Female Duilian (Choreographed Sparring) - 12-14 years girls - Traditional Routines	1
8	Male Duilian (Choreographed Sparring) - 12-14 years boys - Traditional Routines, Male Duilian (Choreographed Sparring) - 15-17 years boys - Traditional Routines	4
9	Mixed Duilian (Mixed Pairs Choreographed Sparring) - 15-17 years - Traditional Routines	1

Session 3 June 1, 2025, 9:30 a.m.

No.	Event	Participants
1	Southern Styles - 18-39 years women - Traditional Routines	8
2		7

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No.	Event	Participants
	Northern Styles - 18-39 years women - Traditional Routines, Northern Styles - 40-59 years women - Traditional Routines	
3	Northern Styles - 18-39 years men - Traditional Routines	6
4	Northern Styles - 40-59 years men - Traditional Routines	7
5	Broadsword Routines - 18-39 years women - Traditional Routines, Sword Routines - 18-39 years women - Traditional Routines	9
6	Other Short and Soft Apparatus R - 18-39 years women - Traditional Routines, Other Short and Soft Apparatus R - 40-59 years women - Traditional Routines	9
7	Cudgel Routines - 18-39 years women - Traditional Routines	8
8	Spear Routines - 18-39 years women - Traditional Routines, Other Long Apparatus Routines - 18-39 years women - Traditional Routines, Other Long Apparatus Routines - 40-59 years women - Traditional Routines	7
9	Female Duilian (Choreographed Sparring) - 18-39 years women - Traditional Routines	3
10	Male Duilian (Choreographed Sparring) - 18-39 years men - Traditional Routines	2
11	Male Duilian (Choreographed Sparring) - 40-59 years men - Traditional Routines	2
12		0
13	Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years - Traditional Routines, Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years - Traditional Routines	2