

Start lists - Arena 1

session 1 June 17, 2023, 9 a.m.

Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Emilia CHMURSKA	Kung Fu Pro Warszawa
3	Mahnoushsadat MOOSSAVI	Kung Fu Pro Warszawa

Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Marcin ZARÓD	UKS Kung Fu Tarnów
2	Paweł BEDNAREK	Kung Fu Pro Warszawa
3	Robert WIELGUS	UKS Kung Fu Tarnów
4	Robert MERCHUT	UKS Kung Fu Tarnów

Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines,
Simplified 24 Movements Taijiquan - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Elżbieta PROSZAK	Klub Sportowy Nanbei Tygrys Rzeszów
2	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów
3	Robert WOŹNIAK	Shaolin Kung Fu Beskidy

Taijiquan 32 - 40-59 years women - Taijiquan Routines,
Taijiquan 32 - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów
2	Elżbieta PROSZAK	Klub Sportowy Nanbei Tygrys Rzeszów

42 Movements Taijiquan - 12-14 years girls - Taijiquan Routines,
42 Movements Taijiquan - 18-39 years women - Taijiquan Routines,
42 Movements Taijiquan - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Vanessa PARADIUK	Kung Fu Pro Warszawa
3	Tomasz DYBICZ	Kung Fu Pro Warszawa

Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines,
Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines,
Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów
2	Elżbieta PROSZAK	Klub Sportowy Nanbei Tygrys Rzeszów
3	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów

Taijiquan Various Styles (traditional) - 18-39 years women - Taijiquan Routines,
Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines,
Taijiquan Various Styles (traditional) - 40-59 years women - Taijiquan Routines

No.	Athlete	Team
1	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
2	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów
3	Robert WOŹNIAK	Shaolin Kung Fu Beskidy

Start lists - Arena 1

Chen Style Taijijian (traditional) - 18-39 years women - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Mahnoushsadat MOOSSAVI	Kung Fu Pro Warszawa
3	Emilia CHMURSKA	Kung Fu Pro Warszawa

Yang Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines,
Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Paweł BEDNAREK	Kung Fu Pro Warszawa
2	Marcin ZARÓD	UKS Kung Fu Tarnów
3	Tomasz DYBICZ	Kung Fu Pro Warszawa
4	Robert WIELGUS	UKS Kung Fu Tarnów
5	Robert MERCHUT	UKS Kung Fu Tarnów

42 Movements Taijijian - 12-14 years girls - Taijiquan Routines

No.	Athlete	Team
1	Vanessa PARADIUK	Kung Fu Pro Warszawa

Taijiquan Short Weapons (traditional) - 18-39 years women - Taijiquan Routines,
Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines

No.	Athlete	Team
1	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
2	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów

Taijiquan Long Weapons (traditional) - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Robert WIELGUS	UKS Kung Fu Tarnów
2	Robert MERCHUT	UKS Kung Fu Tarnów

awarding ceremony

session 2 June 17, 2023, 2 p.m.

Changquan - 18 years and above men - Optional Routines (no nandu required),
Changquan 3 Set - 18-39 years men - Compulsory Routines

No.	Athlete	Team
1	Morgan MYŚKO	Kung Fu Pro Warszawa
2	Mateusz SIEMIANOW	Krakowska Szkoła Wushu
2	Michał MALINOWSKI	Kung Fu Pro Warszawa
3	Maciej WILCZYŃSKI	Krakowska Szkoła Wushu

Changquan - 18 years and above women - Optional Routines (no nandu required),
Changquan 1 Set - Group B (12-14 years) girls - Compulsory Routines,
Changquan 3 Set - Group A (15-17 years) girls - Compulsory Routines

No.	Athlete	Team
1	Marika BRODOWSKA	Krakowska Szkoła Wushu
2	Maja LIBER	Krakowska Szkoła Wushu
3	Izabela JAJEŚNIAK	Krakowska Szkoła Wushu
4	Yao Ye WEI	Kung Fu Pro Warszawa
5	Estera WIERZBIŃSKA	Krakowska Szkoła Wushu
6	Małgorzata PIEŚNIEWSKA	Kung Fu Pro Warszawa
7	Xiang DING	Kung Fu Pro Warszawa

Start lists - Arena 1

No.	Athlete	Team
8	Anna CHUDAK MORZUCHOWSKA	individual application

Daoshu - 18 years and above men - Optional Routines (no nandu required),
 Jianshu - 18 years and above men - Optional Routines (no nandu required),
 Daoshu 3 Set - 18-39 years men - Compulsory Routines

No.	Athlete	Team
1	Michał FROSIK	Krakowska Szkoła Wushu
2	Michał MALINOWSKI	Kung Fu Pro Warszawa
3	Morgan MYŚKO	Kung Fu Pro Warszawa
4	Mateusz SIEMIANOW	Krakowska Szkoła Wushu

Jianshu 1 Set - Group A (15-17 years) girls - Compulsory Routines

No.	Athlete	Team
1	Izabela JAJEŚNIAK	Krakowska Szkoła Wushu
2	Estera WIERZBIŃSKA	Krakowska Szkoła Wushu

Daoshu 32 Movements - Group B (12-14 years) girls - Compulsory Routines,
 Daoshu 32 Movements - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Małgorzata PIEŚNIEWSKA	Kung Fu Pro Warszawa
2	Yao Ye WEI	Kung Fu Pro Warszawa
3	Xiang DING	Kung Fu Pro Warszawa

Gunshu - 18 years and above men - Optional Routines (no nandu required),
 Qiangshu - 18 years and above men - Optional Routines (no nandu required),
 Gunshu 1 Set - 18-39 years men - Compulsory Routines

No.	Athlete	Team
1	Michał FROSIK	Krakowska Szkoła Wushu
2	Michał MALINOWSKI	Kung Fu Pro Warszawa
3	Maciej WILCZYŃSKI	Krakowska Szkoła Wushu
4	Morgan MYŚKO	Kung Fu Pro Warszawa

Gunshu 1 Set - Group B (12-14 years) girls - Compulsory Routines,
 Qiangshu 2 Set - Group A (15-17 years) girls - Compulsory Routines

No.	Athlete	Team
1	Marika BRODOWSKA	Krakowska Szkoła Wushu
2	Izabela JAJEŚNIAK	Krakowska Szkoła Wushu
3	Estera WIERZBIŃSKA	Krakowska Szkoła Wushu

Qiangshu 32 Movements - Group B (12-14 years) girls - Compulsory Routines,
 Qiangshu 32 Movements - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Xiang DING	Kung Fu Pro Warszawa
2	Małgorzata PIEŚNIEWSKA	Kung Fu Pro Warszawa

1st Duan Changquan - under 9 years boys - Demonstration Compulsory Routines

No.	Athlete	Team
1	Oskar GURNIKOWSKI	Krakowska Szkoła Wushu

Start lists - Arena 1 awarding ceremony

session 3 June 18, 2023, 9 a.m.

Northern Styles - 18-39 years men - Traditional Routines,
Northern Styles - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Maksymilian MURSZEWski	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia
2	Jakub DZIECIELSKI	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia
3	Piotr CZERNIAWSKI	Akademia Kungfu/Wushu Warszawa
4	Paweł JUCHA	Shaolin Kung Fu Beskidy
5	Krzysztof ROGALA	individual application
6	Tomasz KAPTUR	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
7	Adam SZYMAŃSKI	Akademia Kungfu/Wushu Warszawa
8	Tymoteusz DARDA	Akademia Kungfu/Wushu Warszawa

Northern Styles - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Patrycja KOLASKA	Shaolin Kung Fu Beskidy
2	Beata ENGEL	Szkoła Chińskich Sztuk Walki Shaolin Olsztyn
3	Dorota WIŚNIEWSKA	Shaolin Kung Fu Beskidy

Southern Styles - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Tomasz BILUT	UKS Kung Fu Tarnów
2	Dariusz ROZMUS	ZKS Lampart Zabierzów
3	Michał DENUSZEK	Grupa Nia Kwang Chow Gar Kung Fu Polska
4	Patryk FIDOS	Grupa Nia Kwang Chow Gar Kung Fu Polska
5	Konrad MAŚNICKI	UKS Fu Hok Kuen Płock
6	Jakub LORENS	Akademia Kung Fu Tygrys i Żuraw
7	Radosław BOGUSZ	Grupa Nia Kwang Chow Gar Kung Fu Polska
8	Piotr CZERNIAWSKI	Akademia Kungfu/Wushu Warszawa
9	Mateusz JANOWSKI	Grupa Nia Kwang Chow Gar Kung Fu Polska
10	Adam SZYMAŃSKI	Akademia Kungfu/Wushu Warszawa
11	Jakub RESZKA	Akademia Kung Fu Tygrys i Żuraw
12	Tymoteusz DARDA	Akademia Kungfu/Wushu Warszawa
-	Łukasz MAŚLANKA	UKS Kung Fu Tarnów

Southern Styles - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Marcin ZARÓD	UKS Kung Fu Tarnów
2	Mirosław BAŚCIUK	Akademia Kung Fu Tygrys i Żuraw
3	Marcin ŻABIŃSKI	Grupa Nia Kwang Chow Gar Kung Fu Polska
4	Marek USZKUR	MKS Kung Fu Wieliczka

Southern Styles - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Emilia RYCHLEWSKA	UKS Fu Hok Kuen Płock
3	Sylwia KAŁUCKA	UKS Kung Fu Tarnów
4	Anastazja KOTLIŃSKA	Akademia Kung Fu Tygrys i Żuraw

Start lists - Arena 1

No.	Athlete	Team
5	Jolanta DRUKAŁA	ZKS Lampart Zabierzów

Sword Routines - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Patrycja KOLASKA	Shaolin Kung Fu Beskidy
3	Jolanta DRUKAŁA	ZKS Lampart Zabierzów

Sword Routines - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Tomasz KAPTUR	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu

Broadsword Routines - 18-39 years men - Traditional Routines,
Broadsword Routines - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Dariusz ROZMUS	ZKS Lampart Zabierzów
2	Jakub DZIECIELSKI	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia
3	Michał DENUSZEK	Grupa Nia Kwang Chow Gar Kung Fu Polska
4	Patryk FIDOS	Grupa Nia Kwang Chow Gar Kung Fu Polska
5	Mirosław BAŚCIUK	Akademia Kung Fu Tygrys i Żuraw
6	Adam SZYMAŃSKI	Akademia Kungfu/Wushu Warszawa
7	Piotr CZERNIAWSKI	Akademia Kungfu/Wushu Warszawa
8	Marek USZKUR	MKS Kung Fu Wieliczka
-	Łukasz MAŚLANKA	UKS Kung Fu Tarnów

Broadsword Routines - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Emilia RYCHLEWSKA	UKS Fu Hok Kuen Płock
2	Anna CIEŚLIK	ZKS Lampart Zabierzów

Spear Routines - 18-39 years men - Traditional Routines,
Spear Routines - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Tomasz KAPTUR	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
2	Michał DENUSZEK	Grupa Nia Kwang Chow Gar Kung Fu Polska
3	Mirosław BAŚCIUK	Akademia Kung Fu Tygrys i Żuraw
-	Patryk FIDOS	Grupa Nia Kwang Chow Gar Kung Fu Polska

Spear Routines - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Patrycja KOLASKA	Shaolin Kung Fu Beskidy
2	Aleksandra KALISZ	ZKS Lampart Zabierzów
3	Jolanta DRUKAŁA	ZKS Lampart Zabierzów

Cudgel Routines - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Jakub DZIECIELSKI	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia
2	Michał DENUSZEK	Grupa Nia Kwang Chow Gar Kung Fu Polska
3	Jakub LORENS	Akademia Kung Fu Tygrys i Żuraw
4	Patryk FIDOS	Grupa Nia Kwang Chow Gar Kung Fu Polska
5	Jakub RESZKA	Akademia Kung Fu Tygrys i Żuraw

Start lists - Arena 1

No.	Athlete	Team
-	Łukasz MAŚLANKA	UKS Kung Fu Tarnów

Cudgel Routines - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Emilia RYCHLEWSKA	UKS Fu Hok Kuen Płock
3	Weronika KOCEBA	Grupa Nia Kwang Chow Gar Kung Fu Polska
4	Anastazja KOTLIŃSKA	Akademia Kung Fu Tygrys i Żuraw
5	Anna CIEŚLIK	ZKS Lampart Zabierzów
6	Sylwia KAŁUCKA	UKS Kung Fu Tarnów

Cudgel Routines - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Tomasz KAPTUR	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
2	Marcin ZARÓD	UKS Kung Fu Tarnów
3	Marek USZKUR	MKS Kung Fu Wieliczka

Other Short and Soft Apparatus R - 18-39 years men - Traditional Routines,
Other Short and Soft Apparatus R - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Tomasz BILUT	UKS Kung Fu Tarnów
2	Dariusz ROZMUS	ZKS Lampart Zabierzów
3	Patryk FIDOS	Grupa Nia Kwang Chow Gar Kung Fu Polska
4	Michał DENUSZEK	Grupa Nia Kwang Chow Gar Kung Fu Polska
5	Mirosław BAŚCIUK	Akademia Kung Fu Tygrys i Żuraw
6	Jakub RESZKA	Akademia Kung Fu Tygrys i Żuraw
7	Tymoteusz DARDA	Akademia Kungfu/Wushu Warszawa
-	Łukasz MAŚLANKA	UKS Kung Fu Tarnów

Other Short and Soft Apparatus R - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Aleksandra KALISZ	ZKS Lampart Zabierzów
2	Beata ENGEL	Szkoła Chińskich Sztuk Walki Shaolin Olsztyn
3	Anna CHUDAK MORZUCHOWSKA	individual application

Other Long Apparatus Routines - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Dariusz ROZMUS	ZKS Lampart Zabierzów
2	Maksymilian MURSZEWSKI	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia
3	Piotr CZERNIAWSKI	Akademia Kungfu/Wushu Warszawa
4	Tymoteusz DARDA	Akademia Kungfu/Wushu Warszawa

Other Long Apparatus Routines - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Aleksandra KALISZ	ZKS Lampart Zabierzów
3	Anna CIEŚLIK	ZKS Lampart Zabierzów

Duilian (Set Sparring) - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Michał DENUSZEK, Patryk FIDOS	Grupa Nia Kwang Chow Gar Kung Fu Polska

Start lists - Arena 1

No.	Athlete	Team
2	Radosław BOGUSZ, Mateusz ROŻENEK	Grupa Nia Kwang Chow Gar Kung Fu Polska

Duilian (Set Sparring) - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Weronika KOCEBA, Szymon BURY	Grupa Nia Kwang Chow Gar Kung Fu Polska
2	Jolanta DRUKAŁA, Dariusz ROZMUS	ZKS Lampart Zabierzów
3	Aleksandra KALISZ, Anna CIEŚLIK	ZKS Lampart Zabierzów
4	Anastazja KOTLIŃSKA, Jakub RESZKA	Akademia Kung Fu Tygrys i Żuraw

awarding ceremony