

Start lists - Arena 1

session 1 May 31, 2025, 9:30 a.m.

Changquan 1 Set - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Małgorzata PIEŚNIEWSKA	Kung Fu Pro Warszawa

Changquan - 18 years and above men - Optional Routines (no nandu required)

No.	Athlete	Team
1	Morgan MYŚKO	Kung Fu Pro Warszawa
2	Maciej WILCZYŃSKI	Krakowska Szkoła Wushu

Yang Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines,
 Yang Style Taijiquan (traditional) - 60 years and above men - Taijiquan Routines,
 Yang Style Taijiquan (traditional) - 60 years and above women - Taijiquan Routines,
 Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines,
 Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines,
 Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines,
 Taijiquan Various Styles (traditional) - 60 years and above men - Taijiquan Routines,
 Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Emilia CHMURSKA	Kung Fu Pro Warszawa
3	Robert WOŹNIAK	Shaolin Kung Fu Beskidy
4	Maria PIÓRO	Klub Sportowy Nanbei Tygrys Rzeszów
5	Marcin ZARÓD	UKS Kung Fu Tarnów
6	Marek MAGIERA	Shaolin Kung Fu Beskidy
7	Enzo MANCA	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
8	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów

Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines,
 Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines,
 Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines,
 42 Movements Taijiquan - 15-17 years girls - Taijiquan Routines,
 42 Movements Taijiquan - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Vanessa PARADIUK	Kung Fu Pro Warszawa
2	Dorota FERENC-KOPEĆ	Klub Sportowy Nanbei Tygrys Rzeszów
3	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
4	Elżbieta PROSZAK	Klub Sportowy Nanbei Tygrys Rzeszów
5	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów
-	Paweł WIECZOREK	Kung Fu Pro Warszawa
-	Tomasz DYBICZ	Kung Fu Pro Warszawa
-	Marta RZUCEK	Klub Sportowy Nanbei Tygrys Rzeszów

Taijiquan 32 - 40-59 years women - Taijiquan Routines,
 Taijiquan 32 - 60 years and above women - Taijiquan Routines,
 Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines,
 Simplified 24 Movements Taijiquan - 60 years and above men - Taijiquan Routines,
 Simplified 24 Movements Taijiquan - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Dorota FERENC-KOPEĆ	Klub Sportowy Nanbei Tygrys Rzeszów
2	Robert WOŹNIAK	Shaolin Kung Fu Beskidy
3	Marta KOZUBSKA	Klub Sportowy Nanbei Tygrys Rzeszów
4	Elżbieta PROSZAK	Klub Sportowy Nanbei Tygrys Rzeszów
5	Maria PIÓRO	Klub Sportowy Nanbei Tygrys Rzeszów
6	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów

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No.	Athlete	Team
7	Marek MAGIERA	Shaolin Kung Fu Beskidy

Daoshu 1 Set - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Małgorzata PIEŚNIEWSKA	Kung Fu Pro Warszawa

Daoshu - 18 years and above men - Optional Routines (no nandu required),

Jianshu - 18 years and above men - Optional Routines (no nandu required)

No.	Athlete	Team
1	Michał FROSIK	Krakowska Szkoła Wushu
2	Morgan MYŚKO	Kung Fu Pro Warszawa
3	Maciej WILCZYŃSKI	Krakowska Szkoła Wushu

Chen Style Taiji Dao (traditional) - 40-59 years men - Taijiquan Routines,

Chen Style Taiji Dao (traditional) - 60 years and above men - Taijiquan Routines

No.	Athlete	Team
1	Marcin ZARÓD	UKS Kung Fu Tarnów
2	Marek MAGIERA	Shaolin Kung Fu Beskidy

42 Movements Taijijian - 15-17 years girls - Taijiquan Routines,

42 Movements Taijijian - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Vanessa PARADIUK	Kung Fu Pro Warszawa
2	Paweł WIECZOREK	Kung Fu Pro Warszawa
-	Tomasz DYBICZ	Kung Fu Pro Warszawa

Simplified 32 Movements Taijijian - 40-59 years women - Taijiquan Routines,

Yang Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines,

Chen Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines,

Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Emilia CHMURSKA	Kung Fu Pro Warszawa
3	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
4	Marcin ZARÓD	UKS Kung Fu Tarnów

Taijiquan Short Weapons (traditional) - 15-17 years girls - Taijiquan Routines,

Taijiquan Short Weapons (traditional) - 18-39 years women - Taijiquan Routines,

Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines,

Taijiquan Short Weapons (traditional) - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Vanessa PARADIUK	Kung Fu Pro Warszawa
3	Diana CHMIELNICKA-FROSIK	Krakowska Szkoła Wushu
4	Marta KOZUBSKA	Klub Sportowy Nanbei Tygrys Rzeszów
-	Marta RZUCEK	Klub Sportowy Nanbei Tygrys Rzeszów
-	Dorota FERENC-KOPEĆ	Klub Sportowy Nanbei Tygrys Rzeszów

Gunshu - 18 years and above men - Optional Routines (no nandu required),

Qiangshu - 18 years and above men - Optional Routines (no nandu required)

No.	Athlete	Team
1	Michał FROSIK	Krakowska Szkoła Wushu
2	Morgan MYŚKO	Kung Fu Pro Warszawa
3	Maciej WILCZYŃSKI	Krakowska Szkoła Wushu

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session 2 May 31, 2025, 2 p.m.

Broadsword Routines - 9-11 years girls - Traditional Routines,
 Broadsword Routines - 12-14 years girls - Traditional Routines,
 Sword Routines - 12-14 years girls - Traditional Routines,
 Other Short and Soft Apparatus R - 9-11 years girls - Traditional Routines

No.	Athlete	Team
1	Aleksandra HEBDA	UKS Płaszowska Szkoła Kung Fu
2	Blanka WYDRA	Shaolin Kung Fu Beskidy
3	Maria DEJA	UKS Płaszowska Szkoła Kung Fu
4	Laura NOWAK	ZKS Lampart Zabierzów
5	Anna GAJEWSKA	ZKS Lampart Zabierzów
6	Aleksandra ZAGÓRSKA	MKS Kung Fu Wieliczka
7	Daria TREJTOWICZ	ZKS Lampart Zabierzów
8	Maya ALLABOUCH	ZKS Lampart Zabierzów
9	Lena SOŁTYS	UKS Kung Fu Tarnów
10	Sandra NOWAK	ZKS Lampart Zabierzów
-	Aleksandra HEBDA	UKS Płaszowska Szkoła Kung Fu

Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines

No.	Athlete	Team
1	Aleksandra HEBDA	UKS Płaszowska Szkoła Kung Fu
2	Maria DEJA	UKS Płaszowska Szkoła Kung Fu
3	Maria MISZKURKA	YMAA Targos Wu Guan Wrocław
-	Alicja DERŻKO	UKS Kung Fu Tarnów

Cudgel Routines - 9-11 years girls - Traditional Routines

No.	Athlete	Team
1	Wiktoria BRZOZOWSKA	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia
2	Kinga PROSZOWSKA	UKS Kung Fu Tarnów
3	Varvara PILETS	YMAA Targos Wu Guan Wrocław
4	Anna GAJEWSKA	ZKS Lampart Zabierzów
5	Karolina FURTAK	YMAA Targos Wu Guan Wrocław

Nangun 1 Set - Group B (12-14years) girls - Compulsory Routines,
 Cudgel Routines - 12-14 years girls - Traditional Routines

No.	Athlete	Team
1	Maria DEJA	UKS Płaszowska Szkoła Kung Fu
2	Emilia MAZUREK	YMAA Targos Wu Guan Wrocław
3	Laura NOWAK	ZKS Lampart Zabierzów
4	Maja MUDLAFF	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia
5	Maria MISZKURKA	YMAA Targos Wu Guan Wrocław
6	Maya ALLABOUCH	ZKS Lampart Zabierzów
7	Sandra NOWAK	ZKS Lampart Zabierzów
8	Viktoria KOLEVA	Bulgaria Wushu Team
-	Alicja DERŻKO	UKS Kung Fu Tarnów

Broadsword Routines - 15-17 years girls - Traditional Routines,
 Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines

No.	Athlete	Team
1	Natalia ZARÓD	UKS Kung Fu Tarnów
2	Laura SZEWCZUK	UKS Fu Hok Kuen Płock
3	Małgorzata PŁAZA	Grupa Nia Kwang Chow Gar Kung Fu Polska

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No.	Athlete	Team
-	Natalia ZARÓD	UKS Kung Fu Tarnów

Cudgel Routines - 15-17 years girls - Traditional Routines

No.	Athlete	Team
1	Natalia ZARÓD	UKS Kung Fu Tarnów
2	Laura SZEWCZUK	UKS Fu Hok Kuen Płock
3	Małgorzata PŁAZA	Grupa Nia Kwang Chow Gar Kung Fu Polska
4	Maja FABIJAŃSKA	Shaolin Kung Fu Beskidy

Female Duilian (Choreographed Sparring) - 12-14 years girls - Traditional Routines

No.	Athlete	Team
1	Maria DEJA, Aleksandra HEBDA	UKS Płaszowska Szkoła Kung Fu

Male Duilian (Choreographed Sparring) - 12-14 years boys - Traditional Routines,
Male Duilian (Choreographed Sparring) - 15-17 years boys - Traditional Routines

No.	Athlete	Team
1	Oskar TABORSKI, Adam WARGACKI	UKS Płaszowska Szkoła Kung Fu
2	Jakub ZIARNIK, Marcin KIEŁBASA	Grupa Nia Kwang Chow Gar Kung Fu Polska
3	Maksymilian CHUCHERKO, Aleksander OSSÓWSKI	ZKS Lampart Zabierzów
4	Tymoteusz FURTAK, Filip FURTAK	YMAA Targos Wu Guan Wrocław

Mixed Duilian (Mixed Pairs Choreographed Sparring) - 15-17 years None - Traditional Routines

No.	Athlete	Team
1	Małgorzata PŁAZA, Miłosz ROKOSZYŃSKI	Grupa Nia Kwang Chow Gar Kung Fu Polska

session 3 June 1, 2025, 9:30 a.m.

Southern Styles - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Emilia RYCHLEWSKA	UKS Fu Hok Kuen Płock
3	Jolanta DRUKAŁA	ZKS Lampart Zabierzów
4	Magda SKIBA	MKS Kung Fu Wieliczka
5	Joanna MUDYNA	UKS Płaszowska Szkoła Kung Fu
6	Aleksandra KALISZ	ZKS Lampart Zabierzów
7	Anastazja KOTLIŃSKA	Akademia Kung Fu Tygrys i Żuraw
8	Ewelina KOTLICKA	Akademia Kung Fu Tygrys i Żuraw

Northern Styles - 18-39 years women - Traditional Routines,
Northern Styles - 40-59 years women - Traditional Routines

No.	Athlete	Team
1	Patrycja KOLASKA	Shaolin Kung Fu Beskidy
2	Beata ENGEL	Szkoła Chińskich Sztuk Walki Shaolin Olsztyn
3	Agnieszka WEISKE	Shaolin Yan Ti Tygrysy Kung Fu
4	Barbara BABCZYŻYŃ	Shaolin Yan Ti Tygrysy Kung Fu
5	Anna WASILEWSKA	Polska Akademia Shaolin Warszawa
6	Weronika FELDO	UKS Kung Fu Tarnów
7	Nadia ZAŁĘSKA	Shaolin Yan Ti Tygrysy Kung Fu

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Northern Styles - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Jakub DZIECIELSKI	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia
2	Piotr CZERNIAWSKI	Akademia Kungfu/Wushu Warszawa
3	Tymoteusz DARDA	Akademia Kungfu/Wushu Warszawa
4	Krzysztof ROGALA	individual application
5	Jędrzej OLSZEWSKI	Shaolin Yan Ti Tygrysy Kung Fu
6	Adrian PROŚCIAK	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu

Northern Styles - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Roman LICHACZ	Szkoła Chińskich Sztuk Walki Shaolin Olsztyn
2	Michał RUMAK	Polska Akademia Shaolin Warszawa
3	Tomasz KAPTUR	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
4	Krzysztof MACZKOWIAK	Shaolin Yan Ti Tygrysy Kung Fu
5	Arkadiusz PŁOSKA	Akademia Kungfu/Wushu Warszawa
6	Ireneusz NOJEK	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
7	Krzysztof LEGUTKO	Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia

Broadsword Routines - 18-39 years women - Traditional Routines,
Sword Routines - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Patrycja KOLASKA	Shaolin Kung Fu Beskidy
2	Emilia RYCHLEWSKA	UKS Fu Hok Kuen Płock
3	Joanna MUDYNA	UKS Płazowska Szkoła Kung Fu
4	Jolanta DRUKAŁA	ZKS Lampart Zabierzów
5	Anastazja KOTLIŃSKA	Akademia Kung Fu Tygrys i Żuraw
6	Weronika FELDO	UKS Kung Fu Tarnów
7	Maja PRZEŹDZIECKA	Akademia Kung Fu Tygrys i Żuraw
-	Joanna MUDYNA	UKS Płazowska Szkoła Kung Fu
-	Patrycja KOLASKA	Shaolin Kung Fu Beskidy

Other Short and Soft Apparatus R - 18-39 years women - Traditional Routines,
Other Short and Soft Apparatus R - 40-59 years women - Traditional Routines

No.	Athlete	Team
1	Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Beata ENGEL	Szkoła Chińskich Sztuk Walki Shaolin Olsztyn
3	Joanna MUDYNA	UKS Płazowska Szkoła Kung Fu
4	Magda SKIBA	MKS Kung Fu Wieliczka
5	Aleksandra KALISZ	ZKS Lampart Zabierzów
6	Weronika FELDO	UKS Kung Fu Tarnów
7	Oliwia KOWALSKA	UKS Kung Fu Tarnów
8	Anna CIEŚLIK	ZKS Lampart Zabierzów
9	Magdalena GNIADK	UKS Kung Fu Tarnów

Cudgel Routines - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Emilia RYCHLEWSKA	UKS Fu Hok Kuen Płock
2	Joanna MUDYNA	UKS Płazowska Szkoła Kung Fu
3	Magda SKIBA	MKS Kung Fu Wieliczka
4	Aleksandra KALISZ	ZKS Lampart Zabierzów
5	Anastazja KOTLIŃSKA	Akademia Kung Fu Tygrys i Żuraw

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No.	Athlete	Team
6	Anna CIEŚLIK	ZKS Lampart Zabierzów
7	Agata GODULA	Buski Klub Kung Fu Yantai
8	Ewelina KOTLICKA	Akademia Kung Fu Tygrys i Żuraw

Spear Routines - 18-39 years women - Traditional Routines,
 Other Long Apparatus Routines - 18-39 years women - Traditional Routines,
 Other Long Apparatus Routines - 40-59 years women - Traditional Routines

No.	Athlete	Team
1	Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Patrycja KOLASKA	Shaolin Kung Fu Beskidy
3	Jolanta DRUKAŁA	ZKS Lampart Zabierzów
4	Anna CIEŚLIK	ZKS Lampart Zabierzów
5	Aleksandra KALISZ	ZKS Lampart Zabierzów
6	Agnieszka WEISKE	Shaolin Yan Ti Tygrysy Kung Fu
-	Aleksandra KALISZ	ZKS Lampart Zabierzów

Female Duilian (Choreographed Sparring) - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Magda SKIBA, Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Anastazja KOTLIŃSKA, Maja PRZEŹDZIECKA	Akademia Kung Fu Tygrys i Żuraw
3	Aleksandra KALISZ, Anna CIEŚLIK	ZKS Lampart Zabierzów

Male Duilian (Choreographed Sparring) - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Jan MŁYNARCZYK, Jakub LORENS	Akademia Kung Fu Tygrys i Żuraw
2	Filip PARAFIŃSKI, Igor LITWIŃSKI	MKS Kung Fu Wieliczka

Male Duilian (Choreographed Sparring) - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Mirosław BAŚCIUK, Jakub RESZKA	Akademia Kung Fu Tygrys i Żuraw
2	Marek USZKUR, Igor LITWIŃSKI	MKS Kung Fu Wieliczka

No.	Athlete	Team
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Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years None - Traditional Routines,
 Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years None - Traditional Routines

No.	Athlete	Team
1	Marcin JĘDRZEJOWSKI, Joanna MUDYNA	UKS Płaszowska Szkoła Kung Fu
2	Agata GODULA, Wit KŁUSKIEWICZ	Buski Klub Kung Fu Yantai